

ANXIOUS

CONFUSED

MISUNDERSTOOD

BEHIND THE SMILE

A HIDDEN BATTLE
AGAINST DEPRESSION

Legislative Council

3694

Tabled 7 September 2011

UNDER STANDING ORDER 43 TABLED
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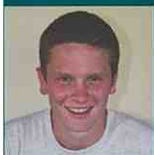
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He writes: 'My hope is that this book will be helpful in spreading an understanding amongst young people about depression. If it can help just one person, or give just one little ray of hope, one reason to survive, then I will feel it has all been worthwhile.'

This book will be a valuable tool for young people unable to understand why they are feeling 'off'. It is a remarkable achievement for one so young. *Jeff Kennett, Chairman, beyondblue*

I can see great potential for a film in this story. *Keith Wilson, former Chair, Mental Health Council of Australia*

Thank you, Josh, for the gift of this book and all the wisdom it contains. You have inspired me, and I am sure will inspire many others, to seek – and give – the help we all need and deserve. *Amanda Wheeler, CEO, Lifeline WA*



Joshua Cunniffe is a first-year student at Curtin University, Perth. He plays senior A Grade football for North Fremantle in the WA Amateur Football League.

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