

**From:** Gary And Gwen  
**To:** [Select Committee on Personal Choice and Community Safety](#)  
**Subject:** Nanny State  
**Date:** Wednesday, 26 September 2018 10:06:36 AM

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Dear Committee

I read with great joy the establishment of a Nanny State Committee.

My submission is about compulsory bicycle helmets. My doctor implores me to ride to help bring down my blood pressure but I do not do so because of the helmet laws.

The only time I have ridden regularly was whilst spending a fortnight with my daughter in Darwin where helmets are optional. Every single thing I do has risk : from unknowingly eating too much salt to driving a car or getting on an aeroplane.

I wish you good luck with the WA PC Brigade.

Kind Regards  
Gary Sprunt

Sent from my iPhone