

I work in the professional services based sector, My industry can be extremely stressful and burnout is common.

My interest in this topic has stemmed from watching my fellow Co-workers suffer from severe burnout to the point where they've self harmed or been put on strong anti-psychotic medication or opioid based medication.

Terms of reference I would like to cover:

medicinal cannabis, its prescription, availability and affordability

Based off my experience witnessing the side-effects of Opioid based medication that my co-workers have had, I believe that if my co-workers had easier access to medicinal cannabis at affordable prices they would not have followed the path of opioids or anti-psychotics.

We continue to see medicinal cannabis stigmatised by the medical practitioner community which I suspect is due to their primary exposure is to patients that have self-medicated cannabis and have exacerbated their underlying condition with excessive cannabis consumption.

Note: I'd like to mention that too much consumption of anything can be dangerous and cases where abuse of a substance shouldn't be the only factor considered when determining the health risk of a substance (Otherwise water would have been made prescription-only a long time ago).

Thank you for your time.