I would suggest that all adoptions are forced.in 1981 when I relinquished my child there were only 30 babies in Australia given up for adoption, this was a time of contraception, abortion was easy, what happened to those 30 of us that let us on this path. At the time I thought I made the right choice, I had no guidance, no counselling, just a six week cooling off period, technically I was an adult, 19, I didn't even know the process, just told my doctor, I think I had 1 meeting with a person from community services, I think, then 6 weeks later I had to go to an office in West Perth, I remember going into a room, a long board table, been scared, alone, ashamed, two man were present, one I think was a lawyer, I remember him saying I had to pay a fee, I didn't know this, he would pay, no one told me how to think this through, Im vomiting while writing this, I just found this on social media and felt I had to say something, I always thought I was a survivor but Im not, all adoptions are forced, everyone in any adoption story has pain that they never heal from