

Hello and thank you for the chance to speak to you and god willing be heard by you all.

My name is _____, I am 58 years old and I have PTSD, depression, anxiety and a personality disorder. I have served my country in uniform and have given evidence in the DART inquiry. The strength I draw on is GOD and knowing that I have been forgiven for my sins. I am a Christian.

But not always thus the mental illness. I have night terrors, panic attacks and poor social life.

Taking medical cannabis dose help with the night terrors, they have reduced a lot and the panic attacks are all but gone now, however I believe it would be better if the cannabis was available in pill form made from the plants god gave us and only be available for those that need it.

As for recreational use I don't believe this is a good thing. From a doctor and in a form that can be metered is the way to help people like me.

Thank you