

I AM 10 TURNING 11
THIS MONTH

10 September 11

WHEN I DON'T GET THE FOOD I NEED, I GET ANNOYED AND HANGRY AND FEEL LIKE I HAVE NO ENERGY LEFT IN ME

MY AUNTIE GIVES ME FOOD SOMETIMES AFTERSCHOOL AND MY COUSINS ALSO GIVE ME FOOD SOMETIMES

I SHARE MY FOOD WITH MY FRIENDS AND THEY SHARE WITH ME

I GET GOOD FOOD ALL THE TIME

MY PARENTS ALWAYS GIVE ME HEALTHY FOOD AND GOOD FOOD WHEN SHOPPING

I LEARNT A BIT OF HEALTHY FOODS FROM SCHOOL BUT MOSTLY FROM MY SISTERS AND FAMILY



I BELIEVE THAT ALL CHILDREN GETTING GOOD LUNCH EACH DAY IS A GOOD IDEA AS WE CHILDREN NEED HEALTHY LUNCHES AND NUTRIENTS ESPECIALLY SINCE WE ARE STILL GROWING AND DEVELOPING

I SUGGEST EVERY MONDAY, WEDNESDAY AND FRIDAY, EVERYONE WILL TRY TO DISTRIBUTE IN BRINGING HEALTHY FOOD EVEN IF ITS JUST A LITTLE BIT



I AM FROM AUSTRALIA, BURMA AND KAREN

