

I AM 10 YEARS OLD

BORN IN AUSTRILA AND RAISED



I GET GREAT FOOD ALL THE TIME

WHEN I HAVE BAD FOOD I FEEL SICK  
TIRED UNFOCED , HEADACHE , TUMMY  
ACHE



CLASSES HELP ME ALOT

I SHARE FOOD WITH MY FRIENDS

I'M IN YEAR 5 I LEARN IN HEALTH TO EAT HEALTHY  
FOOD AND WHAT HEALTHY FOOD TO BUY

