I gave birth to a girl at KEMH in 1966.

I was encouraged to relinquish and due to difficult circumstances I felt it was my only option.

KEMH found me a job as home help which was not pleasant and the doctor told me

had to let me rest more as I had high blood pressure.

I would have liked to keep my wrist band but wasn't allowed to.

I did ask the department if they could check she was OK a few years later but they said they couldn't.

I have sought help to deal with this trauma from ARCS for the last 40yrs.

I did have some contact with my daughter via the contact register but her parents were unhappy about that.