

*I am in year 5 and I'm under 12 years old*

*My nationality is Vietnamese but I was born in Australia*

*1. When I don't get the food I need I get tired and hungry*

*2. There are barley days that I don't get food*

*3. If I don't get the food then it's because I don't like anything at the shops/  
from shops and my family members*

*4. I sometimes get food for breakfast clubs at school and sometimes  
from other kids at school and sometimes at my friends house*

*5. I don't need help getting healthy foods that I need*

*6. I have learnt about healthy foods and nutrients at  
school a lot during health*

*7. Some kids at school don't get good foods*

*8. We can help other kids from bringing back breakfast club and being able to  
go to the canteen*

