

As a Psychologist I refer families to services such as Paediatrics, Clinical Psychology and Child and Adolescent Psychiatry. It is extremely difficult for families to arrange an appointment within a reasonable time frame. This means that children and young people suffer as they wait for vital services. Families suffer as they do not have the resources to cope with the challenges and don't have the right information to support the child. Schools are challenged as they try to support young people who don't have diagnoses or ongoing support. There is a desperate shortage of these services and this generation are suffering significantly.